

Kidz Kambi Bush Camp

In an environment of love, discovery and adventure we inspire and empower youth to a bushveld experience of a lifetime...

Have you ever stopped to think of what your kids have to deal with on a daily basis?

Life and choices are not easy for any of us... but the truth is that it is our youth that are being most wounded by a world that seems to be driven by selfishness, short-cuts, appearances and status symbols.

The key to reversing this trend lies in helping our children remember who they really are, and help them to see their infinite worth and potential.

Young people are eager to hear this message and, under the right circumstances, desire to be guided in the quest to become who they truly want to be. They are ready to develop their own bright vision for the future and to step up as they pursue worthy goals.

That's what Kambi Bush Camp is all about!

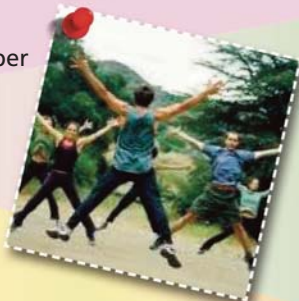
We welcome teens (aged 12-18 years) to our adventure-based bush camps and help them to discover and develop skills and strengths that they often did not realize they had. We help them to get back to the basics of life, giving them a greater appreciation for our world and the people that inhabit it!

What To Expect:

- Fun! Fun! Fun!
- Interaction with other teens of the same age (from all over the country);
- Positive peer pressure;
- Plenty of activities to keep mind and body busy and challenged;
- Healthy competition;
- All the food and drinks that you need to keep you healthy and strong during your stay with us (we include 3 meals a day and mid-day snacks);
- A recognition of strengths and skills that you did not previously recognize;
- A greater ability to solve problems and overcome obstacles;
- A greater appreciation and care for others, and the environment;
- An affordable adventure that your child will remember for years to come.

Kidz Kambi Bush Camp - Glenburn

Kidz Kambi Bush Camp is hosted at Bushwillow Tented Camp, within the beautiful Glenburn Estate in Ruimsig. The camp, is built in a sector of Glenburn lodge which is surrounded by indigenous bush, at the foot of the Zwartkops Mountains and on the banks of the Blaauwbank River. Accommodation comprises of ten large comfortable walk-in tents, sleeping between four and six people each (includes a hot indoor shower and a small kitchenette).



Itinerary

Day One

Meet at Northgate Shopping Center at 9:00am where you will be transferred to Glenburn Lodge. (Transfers are available at an additional cost or you can drop your children off at the venue directly. All children must be at Glenburn by no later than 10:30am on day of arrival). Upon arrival at the lodge, you will be allocated to your tent to unpack. We will then gather at the Central Boma for a social "meet and greet" with your fellow team mates and be divided into your Kambi Teams.

Then, it's time to use those imaginations to make team flags and mascots, which will represent you throughout your stay at Kidz Kambi.

Break for a delicious lunch.

Following lunch the competition begins with an Air riflery course. Together with your instructors you will be required to shoot down targets and compete for points for your team.

This activity will take up most of the afternoon and following the course you will have some down time to get ready for an evening braai and bonfire under the stars.

Day Two

An early morning wake up call awaits you on day two. After a quick tea/coffee we will make our way to the field for morning Bootcamp to help clear the sleep from your eyes. Together with a registered trainer you will enjoy the obstacle course and exercise which will help energise you for the day ahead. Points are awarded for the most enthusiastic team.

Following Bootcamp, we will meet at the Boma for breakfast. Make sure you enjoy every morsal because you will need plenty of energy for the day ahead!

We will then meet back on the field for an action packed day!!!

You will enjoy a game of Human Foosball - Human Foosball is the craziest game to get your team working together. The game takes regular foosball game play and makes it life-sized. Players are attached to a pole, so they all have to work together moving side to side, trying to kick the soccer ball. Plenty of team work required!

Break for lunch.

An inflatable obstacle course follows so get ready for combat as you challenge your opponent to the ultimate challenge! What tactics will you use when you jump through your first hole and squeeze through the inflated pillars only to be met up with hedgehogs!? You better have upper body strength to grab the rope and swing to the other side, or whoops... you'll get wet! As you go through the vertical pillars, watch out for the Lazer Beams! Are you tired yet? You still must face another obstacle before climbing your way to the top and sliding to victory!

Ending off an exciting day with a competition of inflatable power save. With the Speed Shot, the player tests the power of their shot by shooting into the inflatable cage. A state of the art radar gives an accurate reading in KPH and a digital visual display unit provides a clear reading of your shot. Challenge yourself to better your last attempt and score points for your team.

After a very full and fun day it is time to relax and enjoy a delicious braai. Milo to follow and time to roast some marshmallows under the stars before bed.



Day Three

Another full and fun day awaits you so after a filling breakfast it is time to meet by the Tower of Empowerment for an adventurous morning.

Your first activity includes the chance to climb to the top of the Tower of Empowerment, a climbing wall comprising of shaped climbing holds that are attached to the surface, both randomly and in specific routes. Before starting, the climber is secured with a safety harness to a climbing rope and together with trained staff they are assisted to climb at their own pace to reach the top of the tower. The sense of accomplishment upon completing the climb is incredible!

Break for lunch

This afternoon consists of a low and high ropes course. The ropes course challenges individuals to move out of their comfort zone whilst at the same time providing a powerful vehicle for building trust and support within a team.

The low elements are used to build confidence and provide the opportunity, at a perceived safe height, for individuals to become familiar with and practice the techniques required to successfully negotiate the high elements. In undertaking the high elements (12 m above ground) we follow the philosophy of "Challenge by Choice" and no one is forced to go beyond a height of their own choosing.

Individuals set their own goals. However, such is the power of the process that very, very few individuals fail to set challenging targets that take them beyond their comfort zones. Even those with a genuine and very real fear of heights find themselves climbing higher than they would have ever imagined possible.

There is no sense of failure for those who do not climb the Tower of Empowerment or Low and High Ropes course. There are real and meaningful support roles within the team as they assist with ropes and encouragement of their team mates to make it to the top.

After a full day it is time for dinner after which you will enjoy an incredible evening of stargazing! A mobile unit will move in bringing with them a huge telescope in which to view the night skies. You will have the opportunity to view the stars & constellations, planets, the moon, comets and whatever heavenly bodies may be visible.

Astronomers on site are qualified and experienced presenters who are capable of combining astronomy, African star lore and local myths and legends to make astronomy interesting for everyone – a fantastic end to an amazing day!

Day Four

Bootcamp is back and its time to enjoy your obstacle course and morning exercise to energise and get you ready for a full day of fun. Enjoy breakfast and then we meet on the field for a day of fun and games! Today is all about connecting as a group and enjoying games that exercise not only the body but the mind as well.

You get started with Air Ball, followed by a Vuvuzela Race, Egg-cercise activity, Dribbling competition, Header competition, Hula Hoop challenge and finally Shelter building. You will break for lunch between the events and after dinner you will enjoy night games consisting of stalk the lantern, Fort attack (suddenly those shelters built earlier come into great use) and more...



Day Five

This morning you will wake up for breakfast and enjoy a stunning bush walk! This is an opportunity to learn more about the incredible Fauna and Flora found just on your doorstep, but pay attention to your surroundings as today you will be orienteering through this very bushveld. You will be required to "Find the hidden treasure" using clues provided on your control card and using a compass, map and directions you will have to find your way from one clue to the next in order to find your prize at the end.

After you have found all the clues and discovered your prize, we will meet back at the Boma for lunch, following which is an afternoon volleyball competition and tennis round robin.

It is your last evening at your camp and we believe it's always best to end with a bang! Tonight... Drum Café will be entertaining us around the bonfire and you will participate in the music using your own drum. This activity is not only enormous fun, but it encourages creativity, self-confidence and self-expression which are just a few of the characteristics we hope you have picked up during your stay at Kidz Kambi. Whilst you are enjoying the music under the night skies - you will enjoy a delicious and filling braai in the bush - heavenly!

Day Six

As it is your last morning at Kidz Kambi, so a full English breakfast is in order. Following a delicious meal it is time for prize giving where you will earn individual awards as well as team awards for activities well done.

After packing up your belongings, you will bid your team and camp leaders farewell and make your way back home - taking with you memories that will last a lifetime!!!

NB Info

Please note that dietary requirements / Halaal foods will be catered for (please advise us of any specific dietary needs on your enrolment forms).

Peace Of Mind:

Our trained facilitators are there to make sure your teens stay happy and safe at all times, and together with Helivac SA, we will have medical staff on site 24/7. Our staff are all First Aid compliant as well as ARA (Adventure Recreation Association) trained and accredited, and our bush guides are FGASA and THETA registered ensuring that your teens are in experienced hands.

We look forward to welcoming your child on our Kidz Kambi Bush Camp adventure. Please feel free to contact us for more information.

Enrolment forms for the Kidz Kambi Camp are attached and can be returned to us by either fax or e-mail.

Kidz Kambi Bush Camp 2011 costs = R 2,750.00 per child

Fill in the attached application and get it to us ASAP to secure booking!

**Andrea Lloyd: 083 320 9011 info@africanbookings.com
Kim Crawford: 084 474 3470 sales@africanbookings.com
<http://www.africanbookings.com/KambiKids.html>**

